# eep your rin up.



Free & Discounted Services & Tools



# Health through Oral Wellness® program (HOW®)

When it comes to dental care, one size does not fit all. That's why Delta Dental of Idaho launched the Health through Oral Wellness Program (or, HOW for short). HOW is a unique, patient centered program that adds additional benefits to your dental plan, based on your individual oral health needs. By having your dentist perform a simple risk assessment, you may have access to additional preventive and health-sustaining benefits. Learn more at go.deltadentalid.com/how



# Z Sonic Discounted Electric Toothbrushes

Delta Dental of Idaho has partnered with Z Sonic to provide our members with electric toothbrushes at a discounted rate! These toothbrushes have an MSRP of \$200 but can be purchased directly through Z Sonic for less than \$65. Electric toothbrushes eliminate more plague than manual brushing, reduce gingivitis by 11% (after 3 months), and have 2x the whitening power compared with manual toothbrushes. We're providing this toothbrush to our members at cost as part of our commitment to oral health. You can purchase a Z Sonic toothbrush at www.myzsonic.com/deltadental-id/



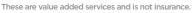
### Orthodontic Discount Program

Delta Dental of Idaho members no longer have to 'brace' for the cost of orthodontic care. Delta Dental's Orthodontic Discount Program provides Idaho members and their eligible dependents a discounted fee for adult and child orthodontia if they obtain care from a Delta Dental of Idaho Discount Program orthodontist. Find an orthodontic discount program dentist at go.deltadentalid.com/orthodontic-discount

# Partners in lifelong dental care!

customerservice@deltadentalid.com | (800) 356-7586

Delta Dental of Idaho complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-(800) 356-7586 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-(800) 356-7586





# Open up and say awesome.



# Free & Discounted Services & Tools



# Amplifon Discount Hearing Program

Delta Dental of Idaho has partnered with Amplifon Hearing Health Care to provide our members with discounts on hearing services. The hearing program includes discounts on hearing aids and services, including testing, a hearing aid low price guarantee, 60-day trial period, access to the industry's top brands, and a nationwide provider network. Call 888-601-8593 and an Amplifon patient care advocate will assist you in finding a hearing healthcare provider near you.



# Keep Your Grin Up

The Delta Dental of Idaho blog is a digital publication aimed at educating members about the importance of dental health. Subscribe today to get useful dental health tips delivered to your inbox each week. *www.deltadentalidblog.com/* 





# The Delta Dental Mobile App

Our free mobile app allows subscribers to search for dentists and access claims, coverage, and ID cards right from your mobile devices. We have a handy toothbrush timer to help you and your family keep up with a healthy brushing routine.



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